

Confessions in Lent

Saturday after 6.00 pm Mass, Sunday after 11.30 am Mass
Times during week by arrangement.
Almost Daily from 6th April until Easter
(Times will be given in Holy Week Information leaflet)

Lent Talks: Tuesdays 6.30 pm

in Church after 6.00 pm Mass

'LET US JOURNEY TOGETHER IN HOPE'



11th March 'Introduction to Lent through Gospel Poverty' (Fr Juan)

18th March 'Prayer, Fasting and Almsgiving' (Francisco Almagro)

25th March 'Conversion and the Sacrament of Reconciliation'
(Fr John Hemer)

1st April 'The Passion Narratives' (Fr John Hemer)

8th April 'The Liturgy of Holy Week' (Fr Richard)

A Weekly Lent Bible Study Group, 'Friends of Jesus' will take place on five Wednesdays at 2.30 pm in the presbytery, beginning on 12th March, led by Therese Teevan, our Catechetical Coordinator, if sufficient interest is expressed. Each week we will focus on one or more characters from the Gospels who may be considered as Friends of Jesus, which will help us deepen our own friendship with the Lord! Please let the Parish Office, or Therese herself, know by midday Friday 7th March that you intend to take part. We will offer you for sale, at £3.95, the booklet 'Friends of Jesus', newly published by Catholic Truth Society, which would help you look ahead to each weekly meeting.

HOLY TRINITY CATHOLIC CHURCH BROOK GREEN



LENT 2025

Our Lenten Pilgrimage 2025

'Let us journey together in hope'

Pope Francis explains what it means to *journey together in hope*, and the summons to conversion that God in his mercy addresses to all of us.

First of all, to journey. The Jubilee motto, "Pilgrims of Hope", evokes the lengthy journey of the people of Israel to the Promised Land. A first call to conversion thus comes from the realization that all of us are pilgrims in this life; each of us is invited to stop and ask how our lives reflect this fact. Am I really on a journey, or am I standing still, not moving, either immobilized by fear and hopelessness or reluctant to move out of my comfort zone? Am I seeking ways to leave behind the occasions of sin and situations that degrade my dignity?

Second, to journey together. The Church is called to walk together. Christians are called to walk at the side of others, and never as lone travellers. The Holy Spirit

impels us not to remain self-absorbed, but to leave ourselves behind and keep walking towards God and our brothers and sisters. Let us ask ourselves whether, in the service of the Kingdom of God, we cooperate with others. Whether we show ourselves welcoming, with concrete gestures, to those both near and far.

Third, let us journey together in hope, for we have been given a promise. May *the hope that does not disappoint* (cf. Rom 5:5), the central message of the Jubilee, be the focus of our Lenten journey towards the victory of Easter. Christ, my hope, has risen! He lives and reigns in glory. Death has been transformed into triumph, and the faith and great hope of Christians rests in this: the resurrection of Christ!

May the Virgin Mary, Mother of Hope, intercede for us and accompany us on our Lenten journey.

Shrove Tuesday, 4th March – the day before Lent starts. Confessions available at 6.30 pm

Ash Wednesday, 5th March: – Mass with Imposition of Ashes at 9.00 am and 6.00 pm (Solemn.)

In Lent, we prepare to renew our Baptismal Promises at Easter, by Prayer, Self-Denial, and Almsgiving:

- **Our prayer, a sign of our hunger and thirst for God.**

Stations of the Cross:

Wednesdays at 6.30 pm; Fridays at 9.35 am

Adoration of the Blessed Sacrament: Mondays 6.30 – 7.00 pm.

Rosary: Thursday at 9.30 am

Divine Mercy Prayers: Friday after 9.00am Mass

Church open for individual prayer daily during the daytime.

Buy the booklet 'Walk with Me - Lenten Journey of Prayer', £1, with a Bible reading, prayer and reflection given for each day,

Lenten prayer and meditation booklets and Stations of the Cross versions on sale of CTS stand in porch

Pope Francis' Lent Message – copies available

- **Our self-denial,**
a sign of sorrow for our sin and our willingness to turn back to God
Ash Wednesday and Good Friday are Days of Fast (one main meal and one snack only) and Abstinence (from meat)
Every Friday is a Day of Abstinence (from meat.)
We should also choose our own form of self-denial. Money saved from it can be for:

- **Our Almsgiving,**
is a sign of our gratitude for God's mercy by showing mercy to others.

CAFOD Lent Fast Day, Friday 14th March.

Collection on Sunday 16th March. Envelopes available.

Cardinal's Lenten Alms in support of projects for those in need in our Diocese. Envelopes available, which can be handed in any time in Lent. Also a collection on Sunday 6th April.

Foodbank Collection of non-perishable foods. Bring with you to Mass Sunday 23rd March.

Mary's Meals Recycling Box at church until 6th April for you to put **only the following unwanted items** into: Jewellery and watches: In any material even if damaged or broken small Electronics: Mobile phones, iPads, Tablets, Sat-Navs, MP3 players, Games consoles. Please ensure all data & sim cards are removed before donating. Cameras: Old film, Digital, Video. Foreign Currency.

Special Days in Lent

Saturday 8th March: Rite of Election in Westminster Cathedral, where our Catechumen and candidates are chosen for Sacraments of Initiation, or Reception into the Church, at the Easter Vigil on Holy Saturday

Sunday 30th March Mothering Sunday Flowers distributed to children to give to their mothers.

Holy Week & Easter information leaflet available from 30th March

Feast of St Joseph Wednesday 19th March

Annunciation of the Lord Tuesday 25th March

Holy Week begins Sunday 13th April