

Confessions in Lent

Saturday after 6.00 pm Mass, Sunday after 11.30 am Mass

Times during week by arrangement.

Almost Daily from 22nd March until Easter

(Times will be given in Holy Week Information leaflet)

Lent Talks

Tuesdays at 6.30 pm in Church after 6.00 pm Mass

VATICAN II – GUIDING STAR

In 2025 we kept the 60th Anniversary of the Second Vatican Council, which was a General Council of the church, in which all the Bishops of the Catholic world took part, 1962-1965. Its four main documents, ('Constitutions',) began a great movement of renewal in the Catholic Church. Pope Leo is currently giving a series of General Audience addresses on these documents. He invites us to reread and reflect upon them, since as he says 'Vatican II still constitutes the guiding star of the Church's journey today'. Our four Lent Talks give us the opportunity to do so.

24th February 'The Church – Light of the Nations' (Fr Richard)

3rd March 'The Church in the Modern World' (Fran Almagro, R.E. Teacher at Cardinal Vaughan)

10th March 'The Scriptures – the Word of God' (by Fr Juan Sola)

17th March 'The Liturgy – Worship of the Church' (by Fr Oscar Ardilla)

A Weekly Lent Bible Study Group

'Greater Love has no Man'

Lent Wednesday afternoon at 2.00-3.00 pm, beginning 25th February. It will include 30-minute videos on the Christ's Passion. They are filmed in the Holy Land, documenting Our Lord's actual steps from The Garden of Gethsemane to Mount Calvary. Followed by an opportunity to discuss the videos and reflect on the depth of Christ's love for us. In the 6th week (Holy Week) meeting there will be the opportunity for a time of retreat including the Stations of the Cross, Reconciliation and Adoration. For more information, contact the Catechetical Co-ordinator, Therese.

HOLY TRINITY CATHOLIC CHURCH BROOK GREEN



LENT 2026

'Return to the Lord your God'

(Joel 2:13)

Prayer of St Francis before the Crucified

Most high, glorious God,
enlighten the darkness
of my heart and give me Lord,
a correct faith, a certain hope,
a perfect charity, sense and knowledge,
so that I may carry out
Your holy and true command.

Lent 2026 occurs during a special Year of St Francis of Assisi marking the 800th anniversary of his death. Our front cover logo shows the San Damiano Crucifix in Assisi. Praying before this, Francis heard Christ speaking to him, which began his conversion. In Lent, we seek to renew our conversion to the Lord.

IN LENT, WE PREPARE TO RENEW OUR BAPTISMAL PROMISES AT EASTER, BY PRAYER, SELF-DENIAL, AND ALMSGIVING:

- **Our prayer, *a sign of our hunger and thirst for God.***

Stations of the Cross:

Wednesdays at 6.30 pm, (from 25th February); Fridays at 9.35 am (from 20th February.)

Adoration of the Blessed Sacrament: Mondays 6.30 – 7.00 pm.

Rosary: Tuesday after 6.00 pm Mass.

Divine Mercy Prayers: Thursday after 9.00am Mass

Church open for individual prayer daily during the daytime.

Buy the booklet 'Walk with Me - Lenten Journey of Prayer', £1.50, with a Bible reading, prayer and reflection given for each day.

Lenten prayer and meditation booklets and Stations of the Cross versions on sale of CTS stand in porch.

Pope Leo's Lent Message – copies available

- **Our self-denial,**
a sign of sorrow for our sin and our willingness to turn back to God

Ash Wednesday and Good Friday are Days of Fast (one main meal and one snack only) and Abstinence (from meat)

Every Friday is a Day of Abstinence (from meat.)

We should also choose our own form of self-denial. Money saved from it can be for:

- **Our Almsgiving,**
is a sign of our gratitude for God's mercy by showing mercy to others.

CAFOD Lent Fast Day, Friday 27th February

Collection on Sunday 1st March. Envelopes available.

Diocesan Lenten Alms in support of projects for those in need in our Diocese. Envelopes available, which can be handed in any time in Lent. Also a collection at Mass on Maundy Thursday.

Foodbank Collection of non-perishable foods for Hammersmith & Fulham Foodbank. Bring with you to Mass Sunday 22nd March.

SPECIAL DAYS IN LENT

Shrove Tuesday, 17th February – the day before Lent starts. Mass at 6.00 pm. Confessions available at 6.30 pm. Pancakes in church porch after Mass.

Ash Wednesday, 18th February:

Mass with Imposition of Ashes at 9.00 am and 6.00 pm (Solemn.)

Saturday 21st February: Rite of Election in Westminster Cathedral, where our Catechumens and candidate are chosen for Sacraments of Initiation and Reception.

Sunday 15th March: Mothering Sunday Flowers distributed to children to give to their mothers.

Holy Week & Easter information leaflet available from 15th March

Feast of St Joseph Thursday 19th March

Annunciation of the Lord: Wednesday 25th March

Passiontide begins 22nd March. Crosses and statues in church veiled in purple

Holy Week begins Sunday 29th March

